

# DISABLED

Being disabled can be difficult at the best of times, but in the developing world, this often leads to poverty and destitution. Tens of thousands of disabled people survive through begging on the streets or spend their lives dependant on their families.

Two disability rehabilitation and vocational training centres were opened by Muslim Hands in Kashmir last year. They are the first of their kind in Kashmir.

In Bangladesh MH has been providing financial grants to disabled men and women to turn their handicraft skills into viable cottage-businesses.

Please continue to help us provide better futures for the poor and disabled.



## Did You Know?

*It costs £30/month to sponsor one disabled person changing their lives for the better*

## MUZAFFARABAD & KOTLI REHABILITATION CENTRES

Trained and dedicated staff provide physiotherapy and job-skills training to disabled men, women and children from all over Kashmir.

The staff are also trained to manufacture walking aids and fit prosthetic limbs (which is a highly skilled and costly process) which the poor disabled users of our centres could not afford before.

These two centres were pilot projects and their success means that with your support MH will be opening a further five centres over the next two years.

## BANGLADESH SMALL BUSINESS START-UP GRANTS

MH Bangladesh is helping disabled persons gain independence through business start-up grants. Sakil Ali, who is blind and Riaz Uddin, who is crippled have used MH grants to purchase tools and materials to set-up their own handicraft businesses.

Abdus Sabur, who is deaf and dumb, used his aid from Muslim Hands to manufacture and sell his own packaging cartons



Kotli Rehabilitation Centre



Muzaffarabad Rehabilitation Centre



Small business start-up grants used to empower disabled people, Bangladesh