



Help the Elderly

helping the silent sufferers

Try to imagine what it must be like to be old, alone and living in poverty...for the poor and elderly living in developing countries, this fear often becomes reality.

The 'Help the Elderly Scheme' provides a **regular monthly income** to such poor people in Pakistan, India, Bangladesh, The Gambia and Senegal.

Those who are **alone, without any immediate family, income, and without permanent residence**, are given preference. A worker is also assigned to ensure that the elderly person is clothed, fed and sheltered.

For £10 per month you can help provide food, clothing and rent for an elderly person.

(Please use donation slip on back pages)

Safe Water Schemes

"Providing water is one of the best forms of Sadaqah Jariah (continuous charity)"

- Hadith

As many as three million people die every year as a result of water-related diseases and approximately 80% of all sickness and disease is due to inadequate water supplies and poor sanitation.

Every year Muslim Hands installs hundreds of safe water projects ranging from small bore tube wells and water storage schemes to the laying of water pipelines that span large distances and supply whole towns.

£100 installs one complete tubewell. This will serve a whole community with clean and safe drinking water. A name plate of your choice will be fitted to tube wells or at the location.

How your donations helped

- **850 Tubewells** installed in **India, Bangladesh, Pakistan, The Gambia & Senegal**
- **934 more Tubewell** installations due for completion
- **Safe Water** scheme expanded to **Africa & Afghanistan**

